



SMALL GROUP LEADER GUIDE

The Bible • Week 3
Jesus, the Ultimate Hero



Countdown Timer
5 min
Start video when experience begins • Tidy room • Get into a small group with your kids

Small Group Welcome
3 min
Get kids talking • Help each kid in your small group feel seen and heard

- **Introduce** yourself and **welcome** kids by name.
- **Catch up** on prayer requests and life events.
- **Talk about** welcome question: **Name the strengths and weaknesses of your favorite superhero.**

Theme Song
1 min
Sing and dance along • Encourage your small group to join in

Emcee Intro Koneksi
30 sec
Focus your small group on emcee

Rules Video
1 min
Focus your small group on video • Encourage kids to count out and say each rule with video

Emcee Giving Koneksi
30 sec
Focus your small group on emcee

Offering Teaching Video
90 sec
Focus your small group on the video • Follow campus procedure to collect offering

Worship Teaching Video
1 min
Focus your small group on video • Stand with your kids when video prompts you to

Worship Music Videos
≈ 6 min
Sing and dance along • Encourage your small group to join in

- Do It Again
- For Your Glory

Emcee Activity Koneksi
30 sec
Focus your small group on emcee

Small Group Activity
9 min
Have fun doing activity with your small group

You'll Need

Per Kid	Nothing
Per Group	Nothing

After Activity

Kids Keep	Nothing
You Keep	Nothing

To Do

Say: Heroes are strong, but they have problems and weaknesses, too. Not Jesus—He's the best hero ever! He helps us overcome our own weaknesses! Let's play a game about that—but watch out for the weakness attack!

1. **Stand** in a circle with plenty of space between kids.
2. **Read** a superhero action from the **Superhero activity supplement** on the back of this guide.
3. Kids **act out** the action you read until you give them the next command.
4. If you say, "Weakness attack," kids must **drop** to the ground and **freeze**.
5. Kids **unfreeze** when everyone **says** the point together: *God can help me change my thinking.*
6. **Play** as long as time allows. Let kids lead or add their own superhero actions if they'd like.

Try these challenges:

- Read actions quickly.
- Whisper actions.
- Alternate quickly between two actions many times to create a predictable pattern and then surprise kids with a weakness attack.

Emcee Point Koneksi
30 sec
Focus your small group on emcee

Konnect HQ Teaching Show
≈ 20 min
Focus your small group on video as you watch it together

Konnect HQ ABCs
1 min
Focus your small group on video • Help kids say Admit, Believe, and Choose with video

Emcee Wrap-Up Koneksi
30 sec
Focus your small group on emcee

Small Group Talk & Prayer
≈ 10 min
Get kids talking • Pray with your small group • Build relationships

Review the Point: God can help me change my thinking.

Review the Verse: *Find Bibles in room. Look up verse together.*

Romans 12:2 NLT ... let God transform you into a new person by changing the way you think.

- What's interesting about this Bible verse to you?

Choose a Question to Get Your Group Talking

- What's the point of learning about Bible heroes who made a lot of bad choices and mistakes?
- How is Jesus different from every other Bible hero?
- What do you think kids can learn from reading about Jesus in the Bible?
- When a person chooses to follow Jesus, what do you think changes about them?

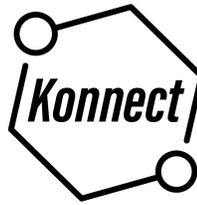
Wrap Up

- **Pray** together.
- **Do** the small group activity again or **play** a game like *Would You Rather? ...* or *Thumb Wars*.

Leader Tip

Praise is powerful! Try to catch each kid in your group doing or saying something good—and tell them!

Checkout
≈ 10 min
Greet parents • Praise kids • Stay in small group until checkout ends



SUPERHERO ACTIVITY SUPPLEMENT

THE BIBLE // WEEK 3 // JESUS, THE ULTIMATE HERO

Note: *If a kid in your group has a disability that makes doing these actions difficult or impossible, let them give the commands. You can whisper ideas from this list to them if needed.*

Superhero Actions

- Fly through the air
- Leap over a building
- Kick away an evil enemy
- Chop danger in half
- Change into an eagle
- Climb a tree to save a kitten
- Blink out lasers from your eyes
- Stomp on injustice
- Change into a T-rex
- Change into a rocket ship
- Jump to the moon and back
- Blast away evil
- Run in place faster than lightning
- Change into a wolf
- Rescue a baby from falling
- Make lightning strike all around you
- Blow things over like a giant wind
- Shoot ice from your fingertips
- Change into a cobra
- Use arm blasters to put out a fire
- Swim across an ocean
- Catch a giant boulder
- Change into a giant tidal wave
- Melt into a liquid