



Follow the Leader.

LEADER OVERVIEW

Volume Overview—Follow the Leader

In this series, kids will follow the journey of the Israelites through the wilderness. From their escape out of Egypt through the forty years wandering in the desert, God not only provided for all their needs, but also gave them clear instructions on what it looked like to follow Him as their Leader. Ultimately, God led them to the Promised Land, the place He wanted them to be all along. He leads us to better places when we follow Him, too.

<p>SESSION 1: The Exodus from Egypt— Exodus 14:1–31 Faith Fact: God saves me.</p>	<p>SESSION 2: Israelites in the Wilderness— Exodus 16:1–18 Faith Fact: God gives me what I need.</p>
<p>SESSION 3: The Ten Commandments— Exodus 20:1–17 Faith Fact: I love God and others.</p>	<p>SESSION 4: Joshua and the Promised Land— Joshua 5:13 to 6:20 Faith Fact: God keeps His promises.</p>

SESSION OVERVIEW



In this session, preschoolers will explore amazing truths from God’s Word, the Bible. Kids will discover that God helps us! He delivers us from the troubles we face. Just as God delivered the Israelites when they were pursued by the Egyptians, God delivers us! He helped His people “exit” from their captivity in Egypt. God delivered the Israelites from their enemies in a miraculous way—by parting the Red Sea! God still delivers His people today!

Bible Lesson	Faith Fact
The Exodus From Egypt Exodus 14:1–31	God saves me.
Faith Verse	
Psalm 37:23 (NLT) The LORD directs the steps of the godly. He delights in every detail of their lives.	

Bible Engagement Project Preschool curriculum is connected with the intentional, yearlong ministry strategy for kids available at KidminRoadmap.com.

PREPARING FOR THE SESSION

You Will Need	Getting Ready
<p>Preservice Activities</p> <ul style="list-style-type: none"> • Land and sea animals • Goldfish-shaped crackers <p>Large Group</p> <ul style="list-style-type: none"> • Bible • Worship songs (Song suggestions: “I Am a Child of God” by LifeKids; “My Lighthouse” by Rend Co. Kids) • For groups not using a phone or tablet only, add: <ul style="list-style-type: none"> ○ Projector or TV ○ Laptop ○ Countdown 5-Minute Video ○ Theme Intro Video ○ Faith Fact Slide or Motion Graphic ○ Faith Fact Sound video (bell ringing) ○ Bible Lesson Video A ○ Bible Lesson Video B ○ Faith Verse Slide or Motion Graphic <p>Small Group</p> <ul style="list-style-type: none"> • Small Group Activity Page, one per kid • Watercolor paints or crayons • Paintbrushes • Cups of water • Plastic tablecloths • Paper towels • Small Group Feet-to-Floor Game Page • Land and sea toy animals • Two buckets • Tape • Creative medium (craft clay, building blocks, etc.) 	<p>Preservice Activities</p> <ul style="list-style-type: none"> • Set out toys and snacks. <p>Large Group</p> <ul style="list-style-type: none"> • Download videos and slides if needed. • Select worship song(s) and have them ready to play. <p>Small Group</p> <ul style="list-style-type: none"> • Print one Small Group Activity Page per kid, plus a few extras. • Cover tables with the plastic tablecloths to protect against spills and have paper towels on hand. • Prepare watercolor paints, paintbrushes, and small cups of water. • Print the Small Group Feet-to-Floor Game Page. • Cut apart the photos from the Small Group Feet-to-Floor Game Page. Label each bucket with one photo. • Place the land and sea animals in the middle of the floor or on a table. • Place the buckets near the pile of toys.

Check out all the promotional and extra media files available for this theme. To access Bible Engagement Project from a computer, visit App.BibleEngagementProject.com.

PRESERVICE ACTIVITIES (30 Minutes)

See what's needed at the beginning of the session.

Bible Story Warm-Up

As kids play with the toys, ask questions like these to introduce the Bible Story.

Which of these animals live in the water?

Which of these animals live on the land?

Let's separate the land and water animals.

Who takes care of the animals and people too?

God made some animals to live in the water and some animals to live on land. God takes care of all the animals. He takes care of His people too!

Snack: Goldfish-Shaped Crackers

As kids are eating the snack, share the following:

What is our snack today?

Where do they live?

We just separated the land and sea animals and learned that God takes care of animals and people. Today we are going to hear how God saved His people by doing something amazing.

Free Play

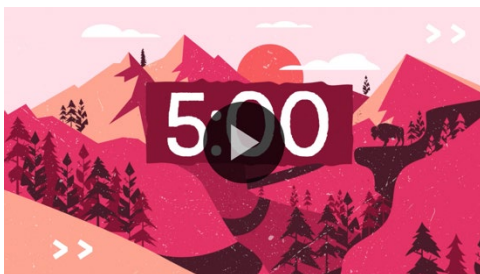
Any extra time can be spent playing with toys.

LARGE GROUP (25 Minutes)

See what's needed at the beginning of the session.

INTRODUCTION

- *Optional: Play the Countdown 5-Minute Video.*
- *Use this time to pick up toys and transition to the large group area.*



Welcome

Hi, kids! It's so good to be with you today. My name is _____, and I'm your group leader. We're going to have so much fun exploring God's Word together! (*Hold up the Bible.*)

We're going to find out all kinds of new things. We'll hear supercool stories all from this special Book—the Bible. (*Point at the Bible.*) The Bible shows us where we need to go. Hold your hands up by your head. Then wiggle your toes and fingers if you're ready to get started!

- Play the **Theme Intro Video**.

**Faith Fact**

- Show the **Faith Fact Slide or Motion Graphic**.



Remember, every time we get together, we're going to learn about God. Today, we're talking about how **God saves me**. That's our Faith Fact! Can you say that with me on the count of 3? Ready. 1, 2, 3. **God saves me**. Great job, friends!

BIBLE TIME | The Exodus from Egypt (Exodus 14:1–31)

Bible Video A

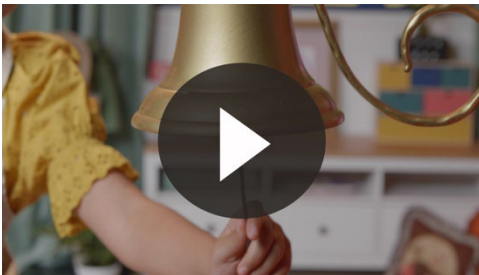
One of the most important things we do in our group is learn about God from His Word, the Bible. (*Hold up Bible.*) We've got someone very special to help us do that. Let's see what Lizzy is doing today.

- Play **Bible Lesson Video A**.



You did such a great job helping Lizzy!

- Play the **Faith Fact Sound** video.



Faith Fact

- Show the **Faith Fact Slide** or **Motion Graphic**.



Do you remember what we're supposed to do anytime we hear that sound? (*Group response*)

We need to stop what we're doing and shout out our Faith Fact. Let's do that now.

God saves me.

WORSHIP

We should always say thank you when someone helps us. God helps us all the time! He helps us with all different types of things.

Praise

If you are happy that God helps you, clap your hands! *(Group response)*

If you are happy that God loves you, touch your heart! *(Group response)*

If you are happy that God delivers us, give Him a shout! *(Group response)*

Prayer

Now let's bow our heads and pray.

Dear God, thank You so much for always helping me! You help me in tough times. Amen.

Sing

We can spend time with God by praying, which we just did. We can also spend time with God by worshipping Him by singing. Are you ready to spend some time singing? Jump up on your feet, and let's sing to Jesus!

- *Lead the kids in singing one or two songs. See suggestions at the beginning of the session.*

BIBLE TIME continued | The Exodus from Egypt (Exodus 14:1–31)

Bible Video B

Let's check back in with Lizzy.

- *Play **Bible Lesson Video B**.*

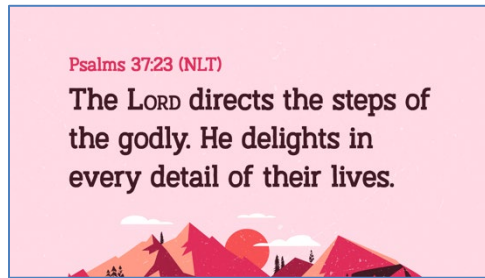


Faith Verse

We've got one more special thing to do. It's important that we learn verses from God's Word, the Bible. When we learn verses, we hide them in our hearts so that we can remember them when we need them! God uses His Word to help us!

Let's practice the actions that Lizzy and Grandpa taught us. Today, we'll just work on the first part of the verse.

- *Show the **Faith Verse Slide** or **Motion Graphic**.*



Psalm 37:23 (NLT)

The LORD directs the steps of the godly.

Response Time

Consider playing a worship song softly in the background while kids pray.

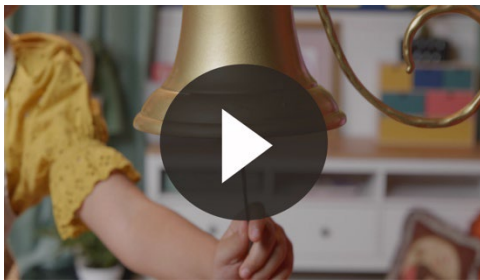
Today was such an adventure! We learned about how God delivered the Israelites by parting the Red Sea in our Bible lesson with Lizzy. We heard a Faith Verse and practiced it with actions. We even got to sing and praise God! Never forget that God loves you and He is always there to help you.

Dear God, help me to always listen to Your voice and follow Your commands just like Moses did. Help me to remember that You are always there to help me. I love You. Amen.

Closing

It was so fun learning with Lizzy today! Remember that God will help us just like He saved the Israelites in our Bible Story.

- *Play the **Faith Fact Sound** video.*



Let's say our Faith Fact now. **God saves me.**

- *Show the **Faith Fact Slide** or **Motion Graphic**.*



Dismissal to Small Groups

Now it's time to head to small group with your friends and do some more fun activities.

- *Dismiss the kids by groups.*

Leader Tip: *This can be done by assigning colors to teams or by age groups. Note that some preschoolers may not know their age. Using a colored sticker, jersey, or wristband will help separate the kids and help identify their small groups.*

SMALL GROUP (25 Minutes)

See supplies and prep instructions at the beginning of the session or in each activity below.

Leader Tip: All groups can do each activity at the same time. If you choose to rotate, you will need at least one leader per group.

Circle 1

GROUP CONNECTION

Follow-the-Leader

You Will Need	Getting Ready
No supplies are needed for this activity.	No prep is needed for this activity.

Goal: Review the Faith Fact and play a simple game.

When God gave Moses directions, he had to follow them! When Moses gave the directions to the Israelites, they had to follow them. Let's practice being like the Israelites and play follow-the-leader.

- Have the kids follow your example in doing the suggested activities: walking around the room, twirling in a circle, jumping, clapping hands, and saying the Faith Fact: **God saves me.**
- Repeat as time allows.

Circle 2

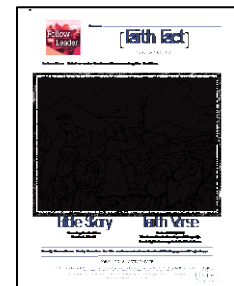
ACTIVITY PAGE TIME

Watercolor Painting or Coloring Page

You Will Need	Getting Ready
<ul style="list-style-type: none"> • Activity Page, one per kid • Watercolor paints or crayons • Paintbrushes • Cups of water • Plastic tablecloths • Paper towels 	<ul style="list-style-type: none"> • Print copies of the Activity Page, one per kid, plus a few extras. • Cover tables with the plastic tablecloths to protect against spills and have paper towels on hand. • Prepare watercolor paints, paintbrushes, and small cups of water.

Goal: Review the Faith Fact as kids paint (or color) a picture of the Red Sea crossing.

Kids, today we are going to paint (or color) a picture of Moses and the Israelites crossing the Red Sea. Just as God helped the Israelites to escape from Egypt, He also helps us. We need to remember that **God saves me.**



To paint, dip your brush lightly in the water and rub the brush over the watercolors. Then use the brush to paint the picture. Dip your brush in the water to clean it before changing colors. Be careful not to use too much water. Let's paint!

Circle 3

FEET-TO-FLOOR GAME TIME

Land and Sea Game

You Will Need	Getting Ready
<ul style="list-style-type: none"> • <i>Feet-to-Floor Game Page</i> • <i>Land and sea toy animals</i> • <i>Two buckets</i> • <i>Tape</i> 	<ul style="list-style-type: none"> • <i>Print the Feet-to-Floor Game Page.</i> • <i>Cut apart the photos from the Feet-to-Floor Game Page. Label each bucket with one photo.</i> • <i>Place the land and sea animals in the middle of the floor or on a table.</i> • <i>Place the buckets near the pile of toys.</i>

Goal: Review the Faith Fact with a simple active game.

When God divided the Red Sea for the Israelites to cross, the land animals and Israelites crossed on dry land while the sea animals stayed in the Red Sea. We have a bunch of animals in the middle of the room. When I say go, each of you is going to grab two animals. Then you will look to see if they are animals that swim in the sea or walk on dry land. Put the water animals in the bucket with the wave and put the land animals in the bucket with the field. Ready, set, go!

- *Give kids enough time to play the game.*
- *Pause to say the Faith Fact: **God saves me.***

Let's remix the toys and play again!

- *Replay as time allows.*



Circle 4

HANDS-ON LEARNING

Recreate the Story

You Will Need	Getting Ready
<ul style="list-style-type: none"> • <i>Creative mediums (craft clay, toy blocks, etc.)</i> 	<ul style="list-style-type: none"> • <i>No prep is needed for this activity.</i>

Goal: Use creative activity to review the Bible story.

Use whatever creative mediums you have (craft clay, toy blocks, etc.). Have the kids work together in pairs or as a group to recreate part of the day's Bible story (Red Sea, the Israelites, the Egyptians, Moses, fish, cows, horses, etc.)

Today we are going to use these items to create different parts of today's story.

- *As kids are working, review the Bible story.*

FAITH FACT RECAP

- *Display the **Faith Fact Slide** or **Motion Graphic** as parents are coming into the room.*
- *Maximize the time you have with your kids so that parents see what their kids have learned. Have the kids repeat the Faith Fact, and then dismiss them to their parents.*



One thing I want you to remember from today is our Faith Fact. Let's say it together. **God saves me.**

DISMISSAL

- *Send home the **Activity Page**.*
- *Remind parents that there are **Family Devotions** available on the app to do with their kid.*
- *Tell everyone the date and time for the next session.*