



Follow the Leader.

LEADER OVERVIEW

Volume Overview—Follow the Leader

In this series, kids will follow the journey of the Israelites through the wilderness. From their escape out of Egypt through the forty years wandering in the desert, God not only provided for all their needs, but also gave them clear instructions on what it looked like to follow Him as their Leader. Ultimately, God led them to the Promised Land, the place He wanted them to be all along. He leads us to better places when we follow Him, too.

<p>SESSION 1: The Exodus from Egypt— Exodus 14:1–31 Faith Fact: God saves me.</p>	<p>SESSION 2: Israelites in the Wilderness— Exodus 16:1–18 Faith Fact: God gives me what I need.</p>
<p>SESSION 3: The Ten Commandments— Exodus 20:1–17 Faith Fact: I love God and others.</p>	<p>SESSION 4: Joshua and the Promised Land— Joshua 5:13 to 6:20 Faith Fact: God keeps His promises.</p>

SESSION OVERVIEW



*In this session, kids will learn how God provided for His people when they were in the wilderness. He did this by providing them with manna to eat. Today we will learn that **God gives me what I need.***

Bible Lesson	Faith Fact
<p>Israelites in the Wilderness Exodus 16:1–18</p>	<p>God gives me what I need.</p>
Faith Verse	
<p>Psalm 37:23 (NLT) The LORD directs the steps of the godly. He delights in every detail of their lives.</p>	

Bible Engagement Project Preschool curriculum is connected with the intentional, yearlong ministry strategy for kids available at KidminRoadmap.com.

PREPARING FOR THE SESSION

You Will Need	Getting Ready
<p>Preservice Activities</p> <ul style="list-style-type: none"> • <i>Play food</i> • <i>Butter-flavored crackers</i> <p>Large Group</p> <ul style="list-style-type: none"> • <i>Bible</i> • <i>Worship songs (Song suggestions: “I Am a Child of God” by LifeKids; “My Lighthouse” by Rend Co. Kids)</i> • <i>For groups not using a phone or tablet only, add:</i> <ul style="list-style-type: none"> ○ <i>Projector or TV</i> ○ <i>Laptop</i> ○ Countdown 5-Minute Video ○ Theme Intro Video ○ Faith Fact Slide or Motion Graphic ○ Faith Fact Sound video (bell ringing) ○ Bible Lesson Video A ○ Bible Lesson Video B ○ Faith Verse Slide or Motion Graphic <p>Small Group</p> <ul style="list-style-type: none"> • <i>Potato (or other food) toy</i> • <i>Ability to play music</i> • Small Group Activity Page, one per kid • <i>Crayons</i> • <i>Cups</i> • Small Group Feet-to-Floor Game Page, one set of two pages per pair of kids • <i>Paper bags or plastic cups</i> • <i>Craft clay</i> • <i>Cookie cutters</i> • <i>Rollers</i> • <i>Wax paper</i> 	<p>Preservice Activities</p> <ul style="list-style-type: none"> • <i>Set out toys and snacks.</i> <p>Large Group</p> <ul style="list-style-type: none"> • <i>Download videos and slides if needed.</i> • <i>Select worship song(s) and have them ready to play.</i> <p>Small Group</p> <ul style="list-style-type: none"> • <i>Make sure that you have a designated sound person and kid-friendly music.</i> • <i>The sound person will start and stop the music throughout the game.</i> • <i>Print one Small Group Activity Page, one per kid.</i> • <i>Place a few crayons in a cup for each kid.</i> • <i>Print the Small Group Feet-to-Floor Game Page, one set of two pages per pair of kids. Print on cardstock if possible so cards are more durable.</i> • <i>Cut apart the food cards.</i> • <i>Mix the cards in paper bags, one per kid.</i> • <i>Tear a placemat-size sheet of wax paper for each kid.</i>

Check out all the promotional and extra media files available for this theme. To access Bible Engagement Project from a computer, visit App.BibleEngagementProject.com.

PRESERVICE ACTIVITIES (30 Minutes)

See what's needed at the beginning of the session.

Bible Story Warm-Up

As kids play with the toys, ask questions like these to introduce the Bible story:

What are these? (Point to different types of food.)

What types of food do you like eating?

Who helps all the plants grow so that we have food?

God made all the plants grow to give us food. God loves us and gives us all we need. God provides for us.

Snack: Butter-Flavored Crackers

As kids are eating the snack, share the following:

Today, we are going to talk about the food that God sent His people from heaven.

Have you ever taken a long trip?

How did you travel? By airplane, by car, by train, or by bus?

What kinds of food would you eat when you're traveling?

Free Play

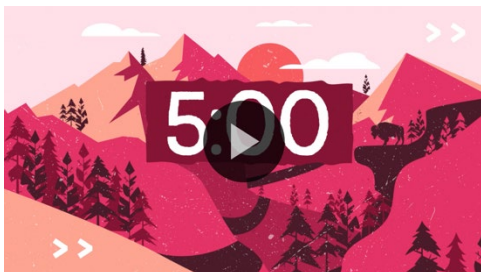
Any extra time can be spent playing with toys.

LARGE GROUP (25 Minutes)

See what's needed at the beginning of the session.

INTRODUCTION

- *Optional: Play the **Countdown 5-Minute Video**.*
- *Use this time to pick up toys and transition to the large group area.*



Welcome

Hi, kids! It's so good to be with you today. My name is _____, and I'm your group leader. We're going to have so much fun exploring the Bible, God's Word together! (*Hold up the Bible.*)

We're going to find out all kinds of fun and exciting things. We'll hear some amazing stories all from this special Book—the Bible. (*Point at the Bible.*) The Bible shows us what we need to do. Hold your hands up by your head. Then wiggle your fingers and toes if you're ready to go!

- Play the **Theme Intro Video**.



BIBLE TIME | Israelites in the Wilderness (Exodus 16:1–18)
Bible Video A

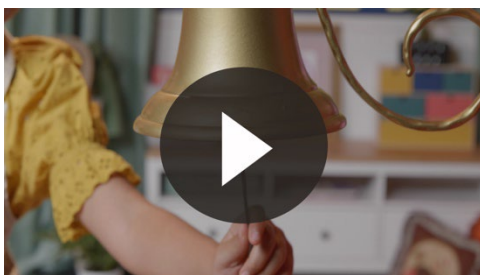
One of the most important things we get to do in this group is hear stories from God's Word, the Bible. (*Hold up the Bible.*) Our friend Lizzy helps us with that. Let's see what Lizzy's doing today!

- Play **Bible Lesson Video A**.



Great job, everyone! You did a great job helping Lizzy discover all the clues. God takes care of us by giving us what we need. That's called "providing" for us!

- Play the **Faith Fact Sound** video.



- Show the **Faith Fact Slide** or **Motion Graphic**.



Remember, every time we get together, we're going to learn about God. Today, we're learning the Faith Fact: **God gives me what I need.** Can you say that with me on the count of 3? Ready. 1, 2, 3 . . . **God gives me what I need.** Great job, friends!

WORSHIP

Let's thank God for providing for us by praising Him with our words. We do this by giving God thanks and telling Him how great He is!

Praise

If you are glad that God loves you, turn in a circle! (*Group response*)

If you are glad that God takes care of you, say thanks! (*Group response*)

Let's tell God our favorite foods, 1, 2, 3! (*Group response*)

Prayer

Now let's bow our heads and pray.

*Dear God, thank You so much for always giving us just what we need and for taking care of us!
Amen.*

Sing

Another way to give God thanks is worshipping Him by singing.

- Lead the kids in singing one or two songs. See suggestions at beginning of the session.

Now we're all warmed up. I'm ready to hear our Bible story. How about you? (*Group response*)

BIBLE TIME continued | Israelites in the Wilderness (Exodus 16:1–18)

Bible Video B

Let's check back in with Lizzy and see what else we can learn today!

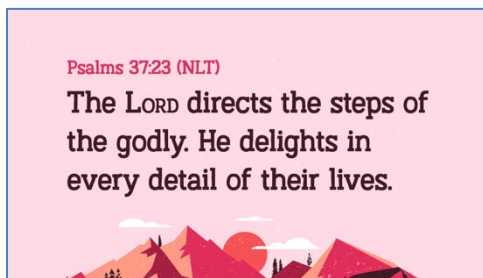
- Play **Bible Lesson Video B**.



Faith Verse

- Show the **Faith Verse Slide** or **Motion Graphic**.

Now we get to practice our Faith Verse! It's important that we practice the Faith Verse so that we don't forget it.



Psalm 37:23 (NLT)

The LORD directs the steps of the godly. He delights in every detail of their lives.

Response Time

Consider playing a worship song softly in the background while kids pray.

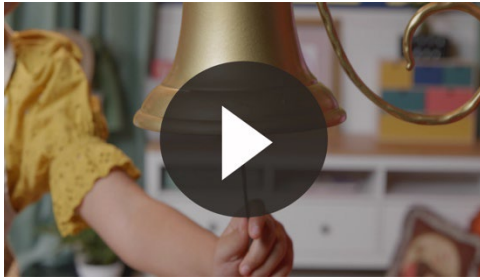
Isn't it amazing how even when the people couldn't see how God was going to work it out, God provided everything they needed? Did you know that just like He took care of what they needed, God takes care of you and me, too? We may not always see how He is going to do it, but we can always trust that God will give us what we need.

Dear God, thank You for providing everything we need. Help us to be grateful for all the things in our lives that we have because it all comes from You. Amen.

Closing

Today was so exciting! It made me kind of hungry to talk about manna. In our Bible lesson with Lizzy, we learned that God gave the Israelites manna so they wouldn't be hungry. We learned a Faith Verse. We even got to worship God. Every time you are about to eat, be sure to give God thanks for providing the food for you.

- Play the **Faith Fact Sound** video.



Let's say our Faith Fact now. **God gives me what I need.**

- Show the **Faith Fact Slide** or **Motion Graphic**.



Dismissal to Small Groups

Now it's time to head to small group with your friends and do some more fun activities.

- *Dismiss the kids by groups.*

Leader Tip: This can be done by assigning colors to teams or by age groups. Note that some preschoolers may not know their age. Using a colored sticker, jersey, or wristband will help separate the kids and help identify their small groups.

SMALL GROUP (25 Minutes)

See supplies and prep instructions at the beginning of the session or in each activity below.

Leader Tip: All groups can do each activity at the same time. If you choose to rotate, you will need at least one leader per group.

Circle 1

GROUP CONNECTION

Hot Potato

You Will Need	Getting Ready
<ul style="list-style-type: none"> • Potato (or other food) toy • Ability to play music 	<ul style="list-style-type: none"> • Make sure that you have a designated sound person and kid-friendly music. • The sound person will start and stop the music throughout the game.

Goal: Review the Faith Fact and play a simple game.

Let's all sit in a circle. (Leader helps the kids get into place.) Today, we learned how **God gives me what I need**. He takes care of us.

Who likes food? Tell me your favorite foods. (Pause for responses.) We are going to play Hot Potato. When the music starts, pass the potato to the kid next to you going this way (point to the left). Keep passing the potato until the music stops. When the music stops, whoever is holding the potato gets to repeat the Faith Fact: **God gives me what I need**. Let's try it!

- Keep playing as time allows.

Circle 2

ACTIVITY PAGE TIME

Yummy Foods Coloring

You Will Need	Getting Ready
<ul style="list-style-type: none"> • Activity Page, one per kid • Crayons • Cups 	<ul style="list-style-type: none"> • Print copies of the Activity Page, one per kid. • Place a few crayons in a cup for each kid.

Goal: Review the Faith Fact as kids color some favorite foods.

In Large Group time, we learned how God provided for the Israelites by sending them some yummy manna for food. God provides us with yummy food too. What are some of the foods on this page? (Pause for answers.) Which of those foods do you like? (Pause for answers.) We need to remember our Faith Fact: **God gives me what I need**. Let's color our pictures so that we remember today's Bible story.



Circle 3

FEET-TO-FLOOR GAME TIME

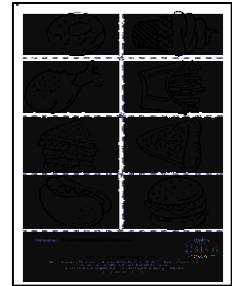
Sharing Is Caring

You Will Need	Getting Ready
<ul style="list-style-type: none"> • <i>Feet-to-Floor Game Page</i>, one set of two pages per pair of kids • <i>Paper bags or plastic cups</i> 	<ul style="list-style-type: none"> • <i>Print the Feet-to-Floor Game Page</i>, one set of two pages per pair of kids. Print on cardstock if possible so cards are more durable. • <i>Cut apart the food cards.</i> • <i>Mix the cards in paper bags, one per kid.</i>

Goal: Review the Bible story with a memory game.

God gives us the things we need like food. Sometimes He uses us to help provide for others. That's why sharing is caring! Sharing is a way that we can show others that we care.

- *Spread the kids around the room and give each one a bag with several cards.*



Each of you has a bag. Inside of the bag are some cards with pictures of food on them. When I say, "Go," you need to find others who have food cards that match yours. Trade cards so you each have one or more matching pairs. Are you ready? Go!

- *Encourage the kids to share their matches with others.*
- *Play until all the kids have at least one matching pair or until all the matches have been made.*
- *Review the Faith Fact as kids play: **God gives me what I need.***
- *Review the Faith Verse as kids play:
Psalm 37:23 (NLT)
The LORD directs the steps of the godly. He delights in every detail of their lives.*
- *Repeat the game as the time allows.*

Leader Tip: *If the kids are younger and having a hard time, sit at a table, dump out all the cards, and flip them over, matching them like the classic memory game.*

Circle 4

HANDS-ON LEARNING**Food Party**

You Will Need	Getting Ready
<ul style="list-style-type: none"> • Craft clay • Cookie cutters • Rollers • Wax paper 	<ul style="list-style-type: none"> • Tear a placemat-size sheet of wax paper for each kid. • Place some craft clay, cookie cutters, and rollers at each kid's area.

We want to provide the kids a time to play, learn, and bond with each other! They will be making their favorite foods! Allow the kids to talk to each other and feel free to ask the kids questions about their creations while encouraging them throughout the activity.

Goal: Review the Bible story as the kids work creatively.

We are going to use craft clay to make our favorite foods. Ask the kids around you what they are making and tell them about what you are making. First, let's make food we like. Next, let's make up some food that sounds yummy!

- Review the Bible story as the kids make their favorite foods with clay.

FAITH FACT RECAP

- Display the **Faith Fact Slide** or **Motion Graphic** as parents are coming into the room.
- Maximize the time you have with your kids, so that parents see what their kids have learned. Have the kids repeat the Faith Fact, and then dismiss them to their parents.



One thing I want you to remember from today is our Faith Fact. Let's say it together. **God gives me what I need.**

DISMISSAL

- Send home the **Activity Page**.
- Remind parents that there are Family Devotions available on the app to do with their kid.
- Tell everyone the date and time for the next session.